

INSTITUTE OF SPECIAL EDUCATION STUDIES

*Courses for international students (academic year
2024/2025)*

Code	Course title	Contact person
USS/YSPSN	Society and People with Special Needs	vojtech.regec@upol.cz
USS/YADL	Activities of the Daily Living in People with Visual Impairment	veronika.ruzickova@upol.cz
USS/YCAAK	Alternative and Augmentative Communication	jaromir.mastalir@upol.cz
USS/YCACL	Introduction to Czech Sign Language	katerina.jerabkova@upol.cz
USS/YCAKI	Crisis intervention	michal.ruzicka@upol.cz
USS/YCAKR	Communication with the family	milon.potmesil@upol.cz
USS/YCDE	Compendium of Dramatherapy in Education	jakub.vavra01@upol.cz
USS/YCARA	Research and case approaches in intellectual disability education	jan.chrastina@upol.cz
USS/YCAPK	Working with clients with difficult conditions	micha.ruzicka@upol.cz
USS/YLTKD	Training of Communication and Presentation Skills	jaromir.mastalir@upol.cz
USS/YPCAT	Propedeutics of Creative Art Therapies	jakub.vavra01@upol.cz
USS/YLBIL	Multiculturalism in communication disorders	katerina.vitaskova@upol.cz
USS/YIEBT	Evidence Based Teaching in Inclusive Classes	dagmar.sedlackova@upol.cz
USS/YCMD	Creative mindfulness development	lenka.ruzickova03@upol.cz

Course title including code			
Society and People with Special Needs (USS/YSPSN)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Doc. Vojtech Regec
Semester in which the course is taught:		Winter / Summer	
Contact Person:		doc. PhDr. Vojtech Regec, Ph.D. (vojtech.regec@upol.cz)	
Description:			
Course outcomes:			
References:			

Course title including code			
Activities of the Daily Living in People with Visual Impairment (USS/YADL)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	homework assignments	Lecturer:	PhDr. Kateřina Kroupová, Ph.D. Mgr. et Bc. Veronika Růžičková, Ph.D. Mgr. Lucie Flekačová, Ph.D.
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. et Bc. Veronika Růžičková, Ph.D. (veronika.ruzickova@upol.cz)	
Description:			
Presentation of theoretical knowledge about visual impairment and its conditions. The aim of the course is to train basic practical skills of people with visual impairment such as spatial orientation, Braille, self-service, development of compensatory mechanisms or work with special aids etc. The course will be mostly practical, students will try individual activities themselves.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ student can define a visually impaired person and describe their characteristics. ▪ student can categorize compensatory factors and the possibilities of their development. ▪ student will master the basics of spatial orientation of visually impaired people. ▪ student learns the basics of reading and writing Braille. ▪ student will try out self-service and its training methodology. ▪ student will learn about compensatory aids for people with visual impairments. ▪ student will learn about relief graphics and their application in the lives of visually impaired people. 			
References:			
<ul style="list-style-type: none"> ▪ LUDÍKOVÁ, Libuše. Special education for the visually impaired. 1. vyd. Olomouc: Univerzita Palackého v Olomouci, 2013. 93 s. Studijní opory. ISBN 978-80-244-3747-7. ▪ RŮŽIČKOVÁ, Veronika et al. Basics of special education of persons with visual impairment. 1st english ed. Olomouc: Palacký University Olomouc, 2012. 193 s. ISBN 978-80-244-3097-3. ▪ https://www.rnib.org.uk/about-us ▪ https://worldblindunion.org/ ▪ https://www.nei.nih.gov/ ▪ https://nfb.org/ ▪ https://www.afb.org/ 			

Course title including code Alternative and Augmentative Communication (USS/YCAAK)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Dr. Jaromír Mašťalíř
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Jaromír Mašťalíř, Ph.D. (jaromir.mastalir@upol.cz)	
Description: Presentation of theoretical knowledge about selected AAC systems and their usability for people with complex communication needs. The course will include examples of their practical use for people with special educational needs who cannot either partially or completely use the expressive and/or receptive components of communication. The course will also include description of AAC systems and discussion of selected diagnostic aspects of the appropriate choice of specific AAC systems for different target groups of people using AAC systems.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ understand the terms communication, communication competence, communication barrier and define them; ▪ describe the communication process, its individual phases and entities; ▪ know potential group of AAC users; ▪ know what is classifications of AAC about; ▪ use adequate and correct related terminology; ▪ theoretically describe the principle of using individual systems of AAC; ▪ know current possibilities of hi-tech AAC including hardware, programs and applications; ▪ understand the suitability of individual systems of AAC for a specific group of AAC users; 			
References:			
<ul style="list-style-type: none"> ▪ BATTYE, A. Who's Afraid of AAC? 2018. Routledge: Oxon. 300 pp. ISBN 978-1-911186-17-5. BENDOVI, P. Alternativní komunikační techniky. 2013. Olomouc: Univerzita Palackého v Olomouci. ISBN 978-80-244-3703-3. ▪ DA FONTE M. A., BOESCH M. C. Effective Augmentative and Alternative Communication Practices. 2019. Routledge: Oxon. ISBN 978-1-138-71019-1. ▪ MAŠTALÍŘ, J., PASTIERIKOVÁ, L. Alternative and Augmentative Communication. Olomouc: Univerzita Palackého v Olomouci. 2018. Odborný studijní text k projektu Rozvojový projekt v rámci institucionálního plánu Univerzity Palackého v Olomouci (FRUP) https://uss.upol.cz/wp-content/uploads/2019/01/AAC-Ma%C5%A1tal%C3%AD%C5%99-Pastierikov%C3%A1_Eng.pdf ▪ https://www.asha.org/njc/aac/ ▪ https://isaac-online.org/english/home/ 			

Course title including code Introduction to Czech Sign Language (USS/YCACL)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80% attendance group colloquium	Lecturer:	Mgr. Kateřina Jeřábková, Ph.D.
Semester in which the course is taught:		Winter /Summer Semester	
Contact Person:		Mgr. Kateřina Jeřábková, Ph.D. (katerina.jerabkova@upol.cz)	
Description: Introduction to theoretical knowledge about people with severe hearing impairment (deaf/Deaf people) and the communication means they can use (visually-motor and audio-oral means). Presentation of theoretical information about sign languages and features common to most sign languages, specifics of Czech Sign Language. The largest proportion of the course will be devoted to practical learning basics of Czech Sign Language. The selected topics that will be introduced are: colours, numbers, body, clothes, family, food, drinks, seasons, animals, etc.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ to compare different communication means that can be used by people with hearing impairment ▪ to describe the group of Czech Sign Language users and facts about Deaf Culture ▪ to explain features of Sign Languages and specifics of Czech Sign Language ▪ to use basics of Czech Sign Language to communicate about selected topics 			
References:			
<ul style="list-style-type: none"> ▪ Langer, J. et all. 2020. Qualitative linguistic analysis of Czech Sign Language. Olomouc: UP. ISBN 978-80-244-5727-7 ▪ Macurová, A., Zbořilová, R. et all. 2019. Jazyky v komunikaci neslyšících. Praha: Karolinum. ISBN 978-80-246-3412-8. ▪ Marschark, M., Campbell, R., Everhart, V.S., Lillo-Martin, D., Siple P. 1997. Relations of Language and Thought : The View from Sign Language and Deaf Children. OUP. ▪ Langer, J. 2013. Hearing-impaired People's Communication. In Regec, V. et all. Special Education for the People with Hearing Impairment. Olomouc: UP. 			

Course title including code Crisis intervention (USS/YCAKI)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Michal Ruzicka
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		doc. Mgr. Michal Růžička, Ph.D. (michal.ruzicka@upol.cz)	
Description: Crisis intervention is a short-term (usually single session) technique used to address an immediate mental health emergency, stabilize the individual in crisis, and create and implement a safe, appropriate plan for next steps and future treatment. Crisis intervention only addresses the immediate emergency and is not a substitute for therapy services. While most crisis hotlines are free to use, it can be difficult for people in rural areas or those with low income to access and afford ongoing treatment and support. The subject provide by the theory of crisis and crisis intrevention, and includet the practical training.			
Course outcomes: The students take the informations about Outpatient crisis intervention services and how thay can give clients the option to work through an immediate crisis in a safe environment without requiring hospitalization. The students can assess risk level and connect clients to services that can help them in the moment.			
References:			
<ul style="list-style-type: none"> ▪ BETTMANN, Joanna E. <i>Evidence-based psychotherapy with adolescents: a primer for new clinicians</i>. New York: Oxford University Press, [2020]. ISBN 978-0-19-088006-4. ▪ CAVAIOLA, Alan A. a Joseph E. COLFORD. <i>Crisis intervention: a practical guide</i>. Los Angeles: SAGE reference, [2018]. ISBN 978-1-5063-2238-4. ▪ FARBER, Barry A., WECHSLER, Leonard David, ed. <i>Crisis in education: stress and burnout in the American teacher</i>. San Francisco: Jossey-Bass Publishers, 1991. Jossey-Bass social and behavioral science series. ISBN 1-55542-271-3. ▪ O'HAGAN, Kieran. <i>Crisis intervention in social services</i>. Basingstoke: Palgrave Macmillan, [2010]. Practical social work. ISBN 978-0-333-37669-0. 			

Course title including code Communication with the family (USS/YCAKR)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	prof. Milon Potmesil
Semester in which the course is taught:		winter/summer	
Contact Person:		prof. PhDr. PaedDr. Miloň Potměšil, Ph.D., Ph.D. (milon.potmesil@upol.cz)	
General information and description: Specifics of communication with the family into which the child was born with a disability. Psychological aspects of specific family communication with an individual with a disability. Requirements and training for pedagogues who need to communicate with parents in a specific situation.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ Some issues in psychological support for family with handicapped child ▪ Counseling by Adler and by Rogers ▪ Sources for family support ▪ Intervention – parents as partners ▪ Strategy for teacher – parents communication ▪ Parents and comm. Skills ▪ IEP and parents – partners ▪ Teacher – counselor – skills ▪ Working with parents of the child with ID ▪ I have addicted parents at home ▪ AAC and family ▪ The challenges of inclusive education 			
References:			
<ul style="list-style-type: none"> ▪ Broberg, M., Ferm, U. and Thunberg, G.. 2012. Measuring responsive style in parents who use AAC with their children: Development and evaluation of a new instrument. <i>Augmentative and Alternative Communication</i>, 28, 243–253. [PubMed] [Google Scholar] ▪ Bruner, J. 1974. From communication to language—A psychological perspective. <i>Cognition</i>, 3, 255–287. [Google Scholar] ▪ Bruner, J. 1983. <i>Child's talk: Learning to use language</i>. Oxford: Oxford University Press. [Google Scholar] ▪ Chen, D., Klein, M. D. and Haney, M.. 2007. Promoting Interactions with Infants Who Have Complex Multiple Disabilities: Development and Field-testing of the PLAI Curriculum. <i>Infants & Young Children</i>, 20, 149–162. [Google Scholar] ▪ De Geeter, K. I., Poppes, P. and Vlaskamp, C.. 2002. Parents as experts: The position of parents of children with profound multiple disabilities. <i>Child: Care, Health and Development</i>, 28, 443–453. [PubMed] [Google Scholar] ▪ de Greef, M., Pijnenburg, H. M., van Hattum, M. J., McLeod, B. D. and Scholte, R. H.. 2017. Parent-professional alliance and outcomes of child, parent, and family treatment: A systematic review. <i>Journal of Child and Family Studies</i>, 26, 961–976. [Google Scholar] ▪ Fogel, A. 1993. Two principles of communication: Co-regulation and framing. In: Nadel J. and Camaioni L., eds. <i>New perspectives in early communication development</i>. London: Routledge. pp.9–22. [Google Scholar] ▪ Jansen, S., Van den Putten, A. and Vlaskamp, C.. 2012. What parents find important in the support of a child with profound intellectual and multiple disabilities. <i>Child: Care, Health and Development</i>, 39, 432–441. [PubMed] [Google Scholar] ▪ Landry, S. H., Smith, K. E. and Swank, P. R.. 2006. Responsive parenting: Establishing early foundations for social, communication, and independent problem-solving skills. <i>Developmental Psychology</i>, 42, 627–642. [PubMed] [Google Scholar] ▪ Stephenson, J. and Dowrick, M.. 2005. Parents' perspectives on the communication skills of their children with severe disabilities. <i>Journal of Intellectual & Developmental Disability</i>, 30, 75–85. [Google Scholar] 			

Course title including code Compendium of Dramatherapy in Education (USS/YCDE)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance, ongoing tasks - search for relevant literature, reading and discussion of relevant literature for classes	Lecturer:	Dr. Jakub Vávra
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Jakub VÁVRA, Ph.D. (jakub.vavra01@upol.cz)	
Description:			
<p>The aim of the course is to introduce students to the basics of drama therapy. The course introduces students to drama therapy as a discipline and its overlap with other therapeutic disciplines including psychotherapy. The course introduces students to improvisation as one of the key resources for therapeutic work, as well as the principles of dramatic reality, role-playing and the skill of working with the medium of "as if".</p> <p>The student's responsibilities in this course include reading and then discussing the assigned literature at a predetermined time.</p> <ul style="list-style-type: none"> ▪ Working with improvisation ▪ Developing creativity ▪ Role-playing ▪ Acting in a dramatic situation ▪ Working with the world of "as if" ▪ Working with group dynamics ▪ How to work with and promote group cohesion ▪ The construction of a dramatic situation and its use in education and therapy ▪ Techniques and methods of drama therapy and their transfer to special education and pedagogy 			
Course outcomes:			
<p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> ▪ defining the field of drama therapy and its integration into the system ▪ understanding of the principles of drama therapy and its methods in working with the clientele of a given target group ▪ ability to identify the sub-principles and processes that take place in a drama therapy intervention ▪ defining and working with cohesion and group dynamics in the context of dramatherapy ▪ reflecting own self-experience of the dramatherapy process and then placing it in the professional context of the field ▪ discussion of the assigned articles, which students are required to read and then lead a professional discussion on them 			
References:			
<ul style="list-style-type: none"> ▪ Johnson, David Read. <i>The Developmental Method in Drama Therapy</i> (1987). In D.R. Johnson and S. Sandel (ed), <i>Waiting at the Gate</i> (p. 49-81). New York: Haworth Press. ▪ Butler, J. D. (2017). The complex intersection of education and therapy in the drama therapy classroom. <i>The Arts in Psychotherapy</i>, 53, 28–35. https://doi.org/10.1016/j.aip.2017.01.010 ▪ Emunah, R., & Johnson, D. R. (2009). <i>Current Approaches in Drama Therapy</i>. Charles C Thomas. ▪ Jones, P. (b.r.). <i>Drama as Therapy Volume 1: Theory, Practice and Research</i>. ▪ Jones, P. (2008). Research into the core processes of drama therapy: Vignettes and conversations. <i>The Arts in Psychotherapy</i>, 35(4), 271–279. https://doi.org/10.1016/j.aip.2008.06.004 ▪ Emunah, R. (2020). <i>Acting for real: Drama therapy process, technique, and performance</i> (2nd edition). Routledge. ▪ Landy, R. J., Luck, B., Conner, E., & McMullian, S. (2003). Role Profiles: A drama therapy assessment instrument. <i>The Arts in Psychotherapy</i>, 30(3), 151–161. https://doi.org/10.1016/S0197-4556(03)00048-0 			

Course title including code			
Research and case approaches in intellectual disability education (USS/YCARA)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance, ongoing tasks - search for relevant literature, research methods/approaches and terminology	Lecturer:	Dr. Jan Chrastina
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. et Mgr. Jan CHRASTINA, Ph.D (jan.chrastina@upol.cz)	
Description:			
<p>The study discipline is focused on understanding the specifics of research activities in the context of the target group of people with intellectual disabilities (mental retardation), other mental illnesses/disorders (autism spectrum disorders, dementia) and other related disabilities. Attention is paid to building students' independence in the matter of finding appropriate, relevant literature (especially empirical articles, and studies), in the matter of understanding typical terminology in the topic and their differences, and in the matter of understanding basic research approaches, strategies and methods of conducting and designing research activities. Particular attention is paid to the (research, qualitative) case study, its distinction from the case report, and the design of a case study where people with intellectual disabilities or other mental illnesses/disorders are the cases of the study.</p>			
Course outcomes:			
<p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> ▪ identify appropriate terminology in the thematic area of education and support for people with intellectual disabilities, and other mental-related disabilities (autism spectrum disorders, dementia) and adequately distinguish and argue between the terms. ▪ lookup relevant research papers, studies, and findings in intellectual and other related disabilities. ▪ assess the advantages and disadvantages of different research strategies, methods, and practices in research on people with intellectual and other related disabilities. ▪ understand the differences between a case study and a case report. ▪ identify the limitations of research work in the context of intellectual disability and mental disorders. ▪ critically interpret controlled published research and studies focusing on a target group of people with intellectual disabilities, mental disorders, and related disabilities. ▪ prepare and justify ethical principles and rules for conducting research involving people with intellectual disabilities, other mental illness, and their close persons (family members, primary caregivers, teachers, etc.). 			
References:			
<ul style="list-style-type: none"> ▪ American Psychiatric Association. <i>Diagnostic and Statistical Manual of Mental Disorders, Text Revision Dsm-5-tr</i>, 5th Edition. ISBN 978-0890425763. ▪ ATKINSON, Stacey, LAY, Joanne, McANELLY, Su, RICHARDSON, Malcolm. <i>Intellectual Disability in Health and Social Care</i>, 1st Edition. ISBN 978-0415733892. ▪ CHRASTINA, Jan. <i>Případová studie - metoda kvalitativní výzkumné strategie a designování výzkumu / Case study - a method of qualitative research strategy and research design/</i>. ISBN 978-80-244-5373-6. ▪ CRESWELL, John W., CRESWELL, David J. <i>Research Design: Qualitative, Quantitative, and Mixed Methods Approaches</i>, 5th Edition. ISBN 978-1506386706. ▪ FOREMAN, Phil. <i>Education of Students with an Intellectual Disability: Research and Practice</i>. ISBN 978-1607522140. 			

- ORSOLINI, Margherita, RUGGERINI, Ciro. *Understanding Intellectual Disability: A Guide for Professionals and Parents (Understanding Atypical Development)*, 1st Edition. ISBN 978-1032115399.
- SCHAFFER, Jack B., RODOLFA, Emil R. *An ICD-10-CM Casebook and Workbook for Students: Psychological and Behavioral Conditions (Applications of ICD-10 and ICD-11 to Psychology)*. ISBN 978-1433828270.
- YIN, Robert K. *Case Study Research and Applications: Design and Methods*, 6th Edition. ISBN 978-1506336169.

Course title including code Working with clients with difficult conditions (USS/YCAPK)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Michal Ruzicka
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		doc. Mgr. Michal Růžička, Ph.D. (m.ruzicka@email.cz)	
Description: The subjects offer the psychosociula intervention techniques for persons with special needs. Psychosocial interventions have a greater or more direct focus on a person's social environment in interaction with their psychological functioning. Psychological interventions can also be used to promote good mental health in order to prevent mental disorders. These interventions are not tailored towards treating a condition but are designed to foster healthy emotions, attitudes and habits. Such interventions can improve quality of life even when mental illness is not present			
Course outcomes: The outcomes depends on practical training. Understanding of the Interventions can be diverse and can be tailored specifically to the individual or group receiving treatment depending on their needs. This versatility adds to their effectiveness in addressing any kind of situation. Understanding psychotherapy intervenions, also known as talk therapy, promotes a relationship between a trained psychotherapist and a person suffering from a psychological disorder.			
References:			
<ul style="list-style-type: none"> ▪ BETTMANN, Joanna E. <i>Evidence-based psychotherapy with adolescents: a primer for new clinicians</i>. New York: Oxford University Press, [2020]. ISBN 978-0-19-088006-4. ▪ CAVAIOLA, Alan A. a Joseph E. COLFORD. <i>Crisis intervention: a practical guide</i>. Los Angeles: SAGE reference, [2018]. ISBN 978-1-5063-2238-4. ▪ FARBER, Barry A., WECHSLER, Leonard David, ed. <i>Crisis in education: stress and burnout in the American teacher</i>. San Francisco: Jossey-Bass Publishers, 1991. Jossey-Bass social and behavioral science series. ISBN 1-55542-271-3. ▪ MARQUIS, Andre. <i>Integral psychotherapy: a unifying approach</i>. New York: Routledge, Taylor & Francis Group, 2018. ISBN 978-1-138-96151-7. ▪ O'HAGAN, Kieran. <i>Crisis intervention in social services</i>. Basingstoke: Palgrave Macmillan, [2010]. Practical social work. ISBN 978-0-333-37669-0. 			

Course title including code			
Training of Communication and Presentation Skills (USS/YLTKD)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Mgr. Jaromír Maštalíř, Ph.D.
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Jaromír Maštalíř, Ph.D. (jaromir.mastalir@upol.cz)	
Description:			
A course that combines theoretical knowledge with practical activities. The content of the course is made up of specific areas that are key to the development of communication skills (so-called soft skills) of the future teacher/special teacher such as: teamwork, the ability to present various topics appropriately, and to defend one's opinions, ideas or positions adequately with the use of facts.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ know basic determination and aim of communication; ▪ understand importance of good and effective communication; ▪ be able to present one's views in front of others; ▪ know and identify possible obstacles in communication; ▪ understand key factors of the good presentation; ▪ be able to engage the audience appropriately and effectively; ▪ be able to practically apply the so-called five fingers rule ▪ to know which death arguments are and how to work with it; ▪ to know how to create a good presentation and what to avoid; ▪ identify own strengths and weaknesses in relation to the topic ▪ be able to do selfreflection based on own activities. 			
References:			
<ul style="list-style-type: none"> ▪ Eng, N. (2007). <i>Teaching College: The Ultimate Guide to Lecturing, Presenting, and Engaging Students</i>. Norman Eng, 319pp. ISBN-13: 978-0998587516. ▪ Fredericks, A., D. (2019). <i>The Adjunct Professor's Complete Guide to Teaching College: How to Be an Effective and Successful Instructor.</i>, Blue River Press; 1st edition, 320pp. ISBN-13: 978-1681571331. ▪ Palmer, E. (2011). <i>Well Spoken: Teaching Speaking to All Students</i>. Stenhouse Publishers, 160pp. ISBN-13:978-1571108814. ▪ Fletcher, J. (2015). <i>Teaching Arguments: Rhetorical Comprehension, Critique, and Response</i>. Stenhouse Publishers, 288pp. ISBN-13: 978-1571109996. ▪ Farlin, W. (2021). <i>Tips For Better Presentations: Simple, Practical Ideas On How To Improve Your Presentations: How To Make A Powerpoint Presentation That Works</i>. Independently published, 42pp. ISBN-13: 979-8462632303. 			

Course title including code Propedeutics of Creative Art Therapies (USS/YPCAT)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance, ongoing tasks - search for relevant literature, reading and discussion of relevant literature for classes	Lecturer:	Dr. Jakub Vávra
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Jakub VÁVRA, Ph.D. (jakub.vavra01@upol.cz)	
<p>Description: This course introduces students to the four main creative art therapies. Students will learn about art therapy, drama therapy, music therapy and dance-movement therapy. Through hands-on learning, students have the opportunity to compare the differences in these therapies as well as look for intersections between them. The course introduces students to the fundamentals of the various creative arts therapies as well as their techniques and methods. The student's responsibilities in this course include reading and then discussing the assigned literature at a predetermined time.</p> <p>Course outcomes:</p> <ul style="list-style-type: none"> ▪ Developing creativity ▪ Working with improvisation ▪ Role-playing ▪ Playing with different music instrument used in music therapy ▪ Discovering the abilities of human body in relationship to movement and function ▪ Role of the color ▪ Working with art material and its use ▪ Working with group dynamics ▪ How to work with and promote group cohesion ▪ The construction of a dramatic situation and its use in education and therapy ▪ Techniques and methods of art therapy, drama therapy, music therapy, dance-movement therapy and their transfer to special education and pedagogy 			
Course outcomes:			
<p>Upon completion of the course, students will be able to:</p> <ul style="list-style-type: none"> ▪ after completing the course students will be able to describe and differentiate the different creative art therapies and their specifics ▪ the student will go through all art therapies during the course of the course and have the opportunity to experience their different methods and forms ▪ the outcome of the course is the inclusion of art therapies in the theoretical framework and their teaching and relationship to psychotherapy ▪ in the practical part of the course, students have the opportunity to get acquainted with the different instruments used in music therapy, art material from art therapy, role-play and dramatic relationality in the context of drama therapy, as well as the possibilities of body work in dance-movement therapy ▪ the learning outcome is the student's self-experience ▪ the course presents the possibility to choose the creative art therapy that best suits the student and presents the possibility to further develop the chosen therapy ▪ students will be able to modify and apply partial techniques and methods in the context of education and special education intervention 			
References:			

- Emunah, R., & Johnson, D. R. (2009). *Current Approaches in Drama Therapy*. Charles C Thomas.
- Jones, P. (b.r.). *Drama as Therapy Volume 1: Theory, Practice and Research*.
- Jones, P. (2020). *The arts therapies: A revolution in healthcare*. Routledge.
- Case, C., & Dalley, T. (2014). *The Handbook of Art Therapy* (3rd ed.). Routledge.
<https://doi.org/10.4324/9781315779799>
- Edwards, J. (Ed.). (2016). *The Oxford handbook of music therapy*. Oxford University Press.
- Meekums, B. (2002). Dance movement therapy. *Dance Movement Therapy*, 1-130.
- Jones, P. (2021). The Arts Therapies: A Revolution in Healthcare. *Journal*. (b.r.)

Course title including code			
Multiculturalism in communication disorders (USS/YLBIL)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments, 80 % attendance, homework assignments, active participation	Lecturer:	Prof. Mgr. Kateřina Vitásková, Ph.D.
Semester in which the course is taught:		Winter/Summer Semester	
Contact Person:		Prof. Mgr. Kateřina Vitásková, Ph.D. (katerina.vitaskova@upol.cz)	
Description:			
<p>The course is focused on understanding the basic principles of a multicultural approach in the field of communication disorders, respecting cultural and linguistic diversity in global, as well as local community context. The aim is to acquire the competence to identify basic manifestations of differences in verbal and non-verbal communication in culturally-linguistically diverse groups and to use basic culturally and linguistically correct approaches in the education of individuals with special educational needs. The emphasis is also on interdisciplinary based multicultural approach to communication disorders and difficulties in counselling and clinical or social work.</p>			
Course outcomes			
Upon completion of the course, the student will be able to:			
<ul style="list-style-type: none"> ▪ understand the differences between the concepts of multiculturalism, bilingualism/multilingualism/plurilingualism and cultural-linguistic diversity in communication disorders ▪ understand the relationship of multiculturalism in communication disorders and society-wide, global phenomena – e.g., migration in the European and global context with a link to the issue of speech, language, and communication needs (SLCN) in relation to communication disorders ▪ understand the basics of acquisition and using multiple languages in communication, specifics of the mother tongue and interferences with other acquired languages ▪ describe the basic specifics in the field of oral verbal communication in selected groups of individuals from culturally-linguistically diverse groups ▪ describe the manifestations of specifics in the field of non-verbal communication in selected groups of individuals from culturally-linguistically diverse environments ▪ orient oneself in the role of experts in communication (e.g., speech-language therapist) in the assessment and intervention of bilingual and multilingual individuals or individuals from culturally-linguistically diverse backgrounds ▪ understand the basics of culturally-linguistically correct approaches in individuals with secondary communication disorders related to primary special educational needs ▪ apply specific approaches in work with families of individuals from culturally-linguistically different backgrounds, including communication facilitators and the collaboration with cultural-language mediators and interpreters in educational, clinical/health, social and extracurricular contexts (community-based activities). 			

References:

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ASHA Multilingual & Multicultural Resources. <https://apislhc.org/asha-multilingual-multicultural-resources/>

Course title including code Evidence Based Teaching in Inclusive Classes (USS/YIEBT)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance and homework assignments	Lecturer:	Mgr. Dagmar Sedláčková, Ph.D.
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Dagmar Sedláčková, Ph.D. (dagmar.sedlackova@upol.cz)	
<p>Description: Presentation of theoretical knowledge about selected methods and strategies used in education of learners with spacial needs, with particular regard to learners with physical disabilities. The course will include the aim and the principles of secondary research, the principles of systematic reviews and implementation of the results into educational practice. The course will introduce selected teaching methods and examples of their use in teaching practice. Another theme of the subject is the expansion of students' knowledge in the area of limited mobility. Students will learn the psychological, health and social aspects of working with students with mobility limitations and the possibilities of their application in inclusive classes. The teaching will use a combination of theoretical explanation, exercises and practical demonstrations, discussion and independent work of students</p>			
<p>Course outcomes:</p> <ul style="list-style-type: none"> ▪ Students explain the basic terms used in education of learners with physical disability and give examples of selected physical disabilities and diseases with a brief description ▪ Students describe the psychosocial characteristics of pupils with physical disabilities ▪ Students understand and explain the principles of evidence based education ▪ Students understand the principles of secondary research ▪ Students describe theoretically the process of conducting systematic reviews ▪ Students state and describe selected evidence based didactic approaches and methods suitable for use in inclusive classes ▪ Students design an example of the lesson plan of the selected subject for a class with a student with PD 			
<p>References:</p> <ul style="list-style-type: none"> ▪ BEST, S. J., Heller K.W., BIGGE, J. <i>Teaching Individual with Physical or Multiple Disabilities</i>. New Jersey: Pearson Education, 2010. ISBN 978-0-13-159012-0 ▪ HATTIE, J.: <i>Visible learning</i> for teachers. New York: Taylor & Francis Ltd, 2011 ▪ MITCHELL, D., 2014. <i>What really works in special and inclusive education: using evidence-based teaching strategies</i>. Second edition. New York: Routledge. ISBN 9780203105313. ▪ PETTY, G., 2018. <i>How to teach even better: an evidence-based approach</i>. Oxford: Oxford University Press. ISBN 978-0-19-841410-0 			

Course title including code Creative mindfulness development (USS/YCMD)			
Number of ECTS credits:	5	Course completion:	Exam
Completion requirements:	80 % attendance homework assignments	Lecturer:	Mgr. Lenka Růžicková
Semester in which the course is taught:		Winter / Summer Semester	
Contact Person:		Mgr. Lenka Růžicková (lenka.ruzickova03@upol.cz)	
Description: Creative mindfulness development is practical and also theoretical course which improve your creativity through a body work, art works, music and drama, based on mindfulness background. This course will include an explanation and explaining different creative art approaches for emotional and behavioral development. Through periodic practice and evaluating our own experience we could explore our own potential of creativity. Part of the course is also theoretical lectures, which offer deeper understanding of basic principles and usability of these methods for personal and professional life.			
Course outcomes:			
<ul style="list-style-type: none"> ▪ Experiencing and exploring creative methods ▪ Practising creative mindfulness ▪ Understanding basic principles of creative mindfulness development ▪ Usability of these methods for personal and professional life 			
References:			
<ul style="list-style-type: none"> ▪ de Witte, M., Orkibi, H., Zarate, R., Karkou, V., Sajjani, N., Malhotra, B., Ho, R. T. H., Kaimal, G., Baker, F. A., & Koch, S. C. (2021). From Therapeutic Factors to Mechanisms of Change in the Creative Arts Therapies: A Scoping Review. <i>Frontiers in Psychology</i>, 12, 1–27. https://search.ebscohost.com/login.aspx?direct=true&AuthType=ip.shib&db=edb&AN=151429329&lang=cs&site=eds-live&scope=site&authtype=shib&custid=s7108593 ▪ Levy, F. J. (2014). Integrating the arts in psychotherapy: Opening the doors of shared creativity. <i>American Journal of Dance Therapy</i>, 36(1), 6–27. https://doi.org/10.1007/s10465-014-9171-8 ▪ Zvelc, G., & Zvelc, M. (2021). Integrative Psychotherapy: A Mindfulness- and Compassion-Oriented Approach. ▪ Gambrel, L. E., Burge, A., & Sude, M. E. (2020). Creativity, Acceptance, and the Pause: A Case Example of Mindfulness and Art in Therapy with an Adolescent. <i>Journal of Creativity in Mental Health</i>, 15(1), 81–89. https://doi.org/10.1080/15401383.2019.1640151 ▪ Barton, E. (2011). Movement and Mindfulness: A Formative Evaluation of a Dance/Movement and Yoga Therapy Program with Participants Experiencing Severe Mental Illness. <i>American Journal of Dance Therapy</i>, 33(2), 157–181. https://search.ebscohost.com/login.aspx?direct=true&AuthType=ip.shib&db=edb&AN=67363751&lang=cs&site=eds-live&scope=site&authtype=shib&custid=s7108593 ▪ Beerse, M. E., Van Lith, T., & Stanwood, G. (2020). Therapeutic psychological and biological responses to mindfulness-based art therapy. <i>Stress and health : journal of the International Society for the Investigation of Stress</i>, 36(4), 419–432. https://doi.org/10.1002/smi.2937 ▪ Berrol, C. F. (2006). Neuroscience meets dance/movement therapy: Mirror neurons, the therapeutic process and empathy. <i>The Arts in Psychotherapy</i>, 33(4), 302–315. https://doi.org/10.1016/j.aip.2006.04.001 ▪ Lucre, K., & Clapton, N. (2021). The Compassionate Kitbag: A creative and integrative approach to compassion-focused 			