





Expert programme of the international professional konference

The Adolescents and their Mental Health 2

Final conference within the project *ZD-ZDOVA1-011 Primary prevention of mental disorders in children during young adolescence* solved within the programme *Health* financed from the Funds EHP 2014-2021.

Date: 1. - 2. 11. 2023

Place: Faculty of Education,

Palacký University Olomouc



The conference was held under the patronage of the Dean of the Faculty of Education, Palacký University Olomouc doc. PhDr. Vojtech Regec, Ph.D.

Conference programme:

Wednesday, November 1, 2023

9:30 Conference opening ceremony (Large auditorium of the Faculty of Education, Palacký University Olomouc)

doc. PhDr. Tomáš Čech, Ph.D. – the main solver of the project

doc. PhDr. Vojtech Regec, Ph.D. – Dean of the Faculty of Education, Palacký University Olomouc

Mgr. et Mgr. Michal Škerle – Head of Center of Prevention in organization *Sdružení Podané ruce* o.p.s., representative of the partner institution participating in the project solution

10:00 – 12:30 Plenary sessions (Large auditorium of the Faculty of Education, Palacký University Olomouc)

dr. Margrét Sigmarsdóttir (University of Iceland, Reykjavík, School of Education)

dr. Bergljót Gyða Guðmundsdóttir (University of Iceland, Reykjavík, School of Education)

PhDr. Martin Dolejš, Ph.D. (Faculty of Arts, Palacký University Olomouc): Depressivity and SDDSS (Scale of depressivity Dolejš, Skopal and Suchá)







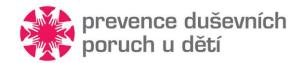


doc. PhDr. Tomáš Čech, Ph.D. (Faculty of Education, UP Olomouc), Mgr. Lucie Uhrová (Sdružení Podané ruce o.p.s.): Primary prevention of mental disorders in children during young adolescence – summary of the project solution

12:30 – 14:00	Lunch break
14:00 – 15:30	Proceeding in sections
15:30 – 16:00	Coffee break
16:00 – 18:00	Brainstorming session for school counselling professionals. Sharing experiences in the prevention and management of mental disorders in pupils during early adolescence in a school environment. The neeting is coordinated by Mgr. Lucie Uhrová and Mgr. Natálie Miklánková (Sdružení Podané ruce o.p.s., Center of Prevention)
18:30	Social evening (Small auditorium Faculty of Education, Palacký University Olomouc)

Focus of proceedings in sections:

- 1. Mental disorders in early adolescence
- 2. Adolescent Wellbeing
- 3. Problems of modern society and their impact on adolescent mental health Prevention of risk factors threatening the mental health of children and adolescents









Thuersday, November 2, 2023

9:00 – 10:30 Workshop 1: Primary prevention of mental disorders in children during

young adolescence – examples from programs for pupils (lecturers: Mgr. Lucie Uhrová and Mgr. Natálie Miklánková, Sdružení Podané ruce, o.p.s.,

Center of Prevention)

Workshop 2: **Prevention and screening of conflicts in pupils' collectives** (leads PhDr. Ondřej Skopal, Ph.D., Faculty of Arts, Palacký University

Olomouc, Department of Psychology)

10:30 Coffee break

11:00 – 12:30 Workshop 3: How to talk to kids about drugs at school (lecturers: Mgr. et

Mgr. Michal Škerle and Mgr. Markéta Novotná, Sdružení Podané ruce,

o.p.s., Center of Prevention)

Workshop 4: **Difficult situations and their impact on the individual's psyche** (leads Mgr. Petr Hlušička, professional psychologist, co-solver of

the project)

12:30 Closing ceremony

